Introduction

The MED-EL Cochlear Implant System serves to restore hearing sensations through electrical stimulation of the auditory nerve. It is the result of many years of research at leading technical institutions throughout the world.

MED-EL cochlear implants are manufactured to the highest quality standards in order to ensure long term reliability. All materials used in the implant have been rigorously tested for biocompatibility, durability and reliability. MED-EL applies a quality management system that meets all EN ISO 13485:2016 requirements and complies with US Quality System Regulations and Canadian Medical Device regulations (CAN/CSA ISO 13485-2016). Components of the MED-EL Cochlear Implant System meet the requirements for AIMD 90/385/EEC and MDD 93/42/EEC.

This Surgical Guide describes proper techniques for implanting the Mi1210 SYNCHRONY ST Cochlear Implant (hereafter referred to as the SYNCHRONY ST). It serves as additional information for professionals and should not be used as an instructions for use.

The information in this brochure is believed to be true and correct. However, specifications are subject to change without notice.

Not all products represented on these materials are currently approved or available in all markets. For country specific information please see the applicable instructions for use delivered with the implant system.
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Patient selection and evaluation
Intended Use

The MED-EL Cochlear Implant System is intended to evoke auditory sensations via electrical stimulation of the auditory pathways. It is designed for severely to profoundly hearing impaired individuals who obtain little or no benefit from acoustic amplification in the best aided condition.

The MED-EL Cochlear Implant System is also intended to evoke auditory sensations via electrical stimulation of the auditory pathways for individuals* with single-sided deafness, which is defined as severe to profound hearing impairment in one ear and normal hearing or mild to moderate hearing impairment in the other ear.

Additionally, the MED-EL Cochlear Implant System used in combination with the Cochlear Implant variants SYNCHRONY ST +FLEX24 and SYNCHRONY ST +FLEX20 are intended to evoke auditory sensations via electrical stimulation or via combined electric-acoustic stimulation (EAS) of the auditory pathways for partially deaf individuals, who obtain benefit from acoustic amplification in the lower frequencies only.

Selection and Evaluation

Patients should fulfil the audiological criteria of their respective country for open-set sentence testing and open-set monosyllabic words when tested with hearing aids. MED-EL strongly recommends the use of optimally fitted hearing aids for a minimum of three months before deciding to pursue a cochlear implant. In cases of ossification or deafness due to infectious disease, there may be no need to try a hearing aid, and implantation should generally not be delayed.

A complete cochlear implant evaluation protocol should include an audiologic assessment, a medical/surgical evaluation, counselling sessions and, when possible, a psychological assessment. To obtain the optimal benefit from the implant, candidates should be sufficiently motivated and understand the importance of returning to the implant centre for regular audio processor programming, training, and assessment sessions.

The medical evaluation prior to cochlear implant surgery serves to:

- assess the candidate’s health status and ability to undergo surgery
- verify the absence of disease and infection of the outer and middle ear
- screen for cochlear obliteration and other obstacles to electrode insertion
- rule out central auditory lesions and verify a functional auditory nerve

The above evaluations usually involve an otologic/otoscopic examination and a CT scan and/or MRI. If there are concerns about the integrity of the upper auditory pathways and auditory lesions, an MRI is necessary.

It is important to realise that there are a variety of conditions that predispose a person to contracting bacterial meningitis irrespective of cochlear implantation, such as: malformations of the inner ear, history of recurrent meningitis, the presence of CSF leaks, etc. There is no evidence that implantation of a MED-EL device increases the risk for postoperative meningitis. MED-EL encourages all cochlear implant candidates and recipients, especially individuals with cochlear malformations and other risk factors, to discuss with their physician whether vaccination may be appropriate for them. The immunisation status of all cochlear implant candidates should be determined prior to surgery. Vaccination may reduce the risk of infection.

* aged 18 years and older (Canada)
Technical description of the implant
The SYNCHRONY ST is the implantable part of the MED-EL Cochlear Implant System and can only be used together with compatible MED-EL external components.

The device consists of a stimulator, a coil with a removable magnet within its centre, a reference electrode, an EAP reference electrode and an active electrode permanently attached to the stimulator. The active electrode can be of different types, thus resulting in different implant variants (implant family SYNCHRONY ST). This device is intended to be implanted by adequately trained and experienced surgeons only.

The SYNCHRONY ST has been designed according to the highest safety and reliability standards. All materials used in the construction of the SYNCHRONY ST have been extensively tested for biological compatibility and durability. The power required by the implant is transmitted from the external audio processor through the intact skin via an inductive link. The implant therefore contains no batteries or other components that require replacement.

The implant offers a stimulation mode and a telemetry mode. Stimulation sequences of biphasic and triphasic pulses can be delivered sequentially or simultaneously on two or more channels. In telemetry mode the device allows a functional check about the technical status of the implant including communication over the transcutaneous link as well as the assessment of the electrode impedances and recording of the electrically evoked compound action potential of the hearing nerve.

The electronics of the SYNCHRONY ST contain a powerful custom-made circuit that is capable of processing large amounts of information at a very rapid rate. It can stimulate at 50,704 pulses per second. This capability makes the implant compatible with a wide range of pulsatile processing strategies and future developments in speech processing. A telemetry feature enables the clinic to verify the functional status of the implant within a matter of seconds. For added safety, each output has a capacitor to prevent any possible leakage of DC current to the auditory nerve.

Figure 1 SYNCHRONY ST Cochlear Implant (~ dimensions in mm, typical values)
Performance Characteristics

- Output characteristics of a stimulation signal on a 1 kOhm resistor:
  - Maximum current amplitude:
    - Median value = 1250 µA, range = 500 µA
  - Maximum pulse width:
    - Median value = 203.8 µs, range = 8.2 µs
- The impedance measurement accuracy is typically better than 5%.
- There are no default factory settings of the implant system.
- Proper functioning of the implantable part of the CI system can be checked by performing telemetry (refer to MED-EL application software user manual).
- The implant has 24 independent current sources stimulating 12 independent electrode channels in monopolar mode.
- The implant has a mass of 8.6 g (typical value).
- The volume of the implant without electrode is 4.3 cm³.
- The electrode is made of medical grade silicone, platinum (electrode contacts) and platinum/iridium (90/10) wires and nitinol.
- All electrode variants have a straight and flexible design. The electrode does not deliver any medicinal substances.
- Geometric surface area of the stimulation reference electrode = 50 mm².
- Following materials are in direct contact with human tissue: medical grade silicone, platinum, iridium and parylene c.

Implant Variants*

Cochleae may differ significantly in size and shape from one another as can individual cochlear duct lengths. MED-EL offers the largest selection of electrode arrays for each implant variant. Please see Chapter 6, Step 9, "Select Appropriate Electrode Variant" for the circumstances in which each variant should be used.

FLEXSOFT Electrode Array

Order number: 33336

The FLEXSOFT Electrode Array (see Figure 2) is 31.5 mm long featuring FLEX tip technology for increased mechanical flexibility and enabling CCC (Complete Cochlear Coverage). The contacts for the 12 channels are arranged as 5 single contacts at the apical array end and 7 contact pairs at the base with a 2.4 mm spacing between each channel. The specially designed electrode tip offers increased mechanical flexibility for reduced insertion force. The marker ring is located 31.5 mm from the electrode tip and indicates the deepest insertion. Near the marker ring, the electrode lead features an additional marker dot on the same side of the array as the single apical contacts. The marker allows the surgeon to ensure appropriate alignment of the single contacts toward the modiolus.

Figure 2 FLEXSOFT Electrode Array

* Implant variants availability is subject to regulatory approval
Technical description of the implant

FLEX28 Electrode Array

Order number: 33338

The FLEX28 Electrode Array (see Figure 3) is 28 mm long featuring FLEX tip technology suitable for 96% of all normal cochlear duct lengths. The contacts for the 12 channels are arranged as 5 single contacts at the apical array end and 7 contact pairs at the base with a 2.1 mm spacing between each channel. The specially designed electrode tip offers increased mechanical flexibility for reduced insertion force. The marker ring is located 28 mm from the electrode tip and indicates the deepest insertion. Near the marker ring, the electrode lead features an additional marker dot on the same side of the array as the single apical contacts. The marker allows the surgeon to ensure appropriate alignment of the single contacts toward the modiolus.

- **1** Platinum electrode contacts
- **2** Optimal spacing over a 23.1 mm stimulation range
- **3** Diameter at basal end: 0.8 mm
- **4** FLEX-Tip for minimal insertion trauma
- **5** Dimensions at apical end: 0.5 × 0.4 mm

Figure 3 FLEX28 Electrode Array

FLEX26 Electrode Array

Order number: 36631

The FLEX26 Electrode Array (see Figure 4) is 26 mm long featuring FLEX tip technology and is intended to be used in open cochleae (no obliteration or ossification) for an electrode insertion depth of about 26 mm. The contacts for the 12 channels are arranged as 5 single contacts at the apical array end and 7 contact pairs at the base with a 1.9 mm spacing between each channel. The specially designed electrode tip offers increased mechanical flexibility for reduced insertion force. The marker ring is located 26 mm from the electrode tip and indicates the deepest insertion. Near the marker ring, the electrode lead features a green silicone orientation marker on the same side of the array as the single apical contacts for improved visibility & accurate positioning during surgery.

- **1** Platinum electrode contacts
- **2** Optimal spacing over a 20.9 mm stimulation range
- **3** Diameter at basal end: 0.8 mm
- **4** FLEX-Tip for minimal insertion trauma
- **5** Dimensions at apical end: 0.5 × 0.3 mm

Figure 4 FLEX26 Electrode Array
Technical description of the implant

**FLEX24 Electrode Array**

Order number: 33337

The FLEX24 Electrode Array (see Figure 5) is 24 mm long featuring FLEX tip technology and designed for combined Electric Acoustic Stimulation (EAS) less than 1.5 turns. The contacts for the 12 channels are arranged as 5 single contacts at the apical array end and 7 contact pairs at the base with a 1.9 mm spacing between each channel. The specially designed electrode tip offers increased mechanical flexibility for reduced insertion force. The marker ring is located 24 mm from the electrode tip and indicates the deepest insertion. Near the marker ring, the electrode lead features an additional marker dot on the same side of the array as the single apical contacts. The marker allows the surgeon to ensure appropriate alignment of the single contacts toward the modiolus.

1. 19 platinum electrode contacts
2. Optimal spacing over a 20.9 mm stimulation range
3. Diameter at basal end: 0.8 mm
4. FLEX-Tip for minimal insertion trauma
5. Dimensions at apical end: 0.5 × 0.3 mm

Figure 5 FLEX24 Electrode Array

**FLEX20 Electrode Array**

Order number: 33341

The FLEX20 Electrode Array (see Figure 6) is 20 mm long featuring FLEX tip technology and designed for combined Electric Acoustic Stimulation (EAS). The contacts for the 12 channels are arranged as 5 single contacts at the apical array end and 7 contact pairs at the base with a 1.4 mm spacing between each channel. The specially designed electrode tip offers increased mechanical flexibility for reduced insertion force. The marker ring is located 20 mm from the electrode tip and indicates the deepest insertion. Near the marker ring, the electrode lead features an additional marker dot on the same side of the array as the single apical contacts. The marker allows the surgeon to ensure appropriate alignment of the single contacts toward the modiolus.

1. 19 platinum electrode contacts
2. Optimal spacing over a 15.4 mm stimulation range
3. Diameter at basal end: 0.8 mm
4. FLEX-Tip for minimal insertion trauma
5. Dimensions at apical end: 0.5 × 0.3 mm

Figure 6 FLEX20 Electrode Array

EAS Surgical Training Recommended

EAS Surgical Training Recommended
The FORM24 Electrode Array* (see Figure 7) is 24 mm long designed for open (no obliteration or ossification) or malformed cochleae, especially Type II malformations. It features 12 evenly spaced electrode pairs spaced over 18.7 mm, with 1.7 mm spacing between each contact pair. The FORM24 electrode array features an integrated SEAL function designed to aid closing off the cochlear opening. SEAL is a 2.4 mm conical thickening located at the basal end of the array designed to help control the leakage of cerebrospinal fluid (CSF) during surgery, also known as 'gusher'.

**Figure 7 FORM24™**

1. 24 platinum electrode contacts
2. Optimal spacing over a 18.7 mm stimulation range
3. Diameter at basal end: 0.8 mm
4. SEAL
5. Diameter at apical end: 0.5 mm

* Electrode development was in close collaboration with Prof. Levent Sennaroglu, Department of Otolaryngology, Hacettepe University Medical Faculty, Turkey

The FORM19 Electrode Array* (see Figure 8) is 19 mm long designed intended to be used in cochleae with malformation, especially Type I and Type III, obliteration, or ossification. It features 12 evenly spaced electrode pairs spaced over 14.3 mm, with 1.3 mm spacing between each contact pair. The FORM19 electrode array features an integrated SEAL function designed to aid closing off the cochlear opening. SEAL is a 2.4 mm conical thickening located at the basal end of the array designed to help control the leakage of cerebrospinal fluid (CSF) during surgery, also known as 'gusher'.

**Figure 8 FORM19™**

1. 24 platinum electrode contacts
2. Optimal spacing over a 14.3 mm stimulation range
3. Diameter at basal end: 0.8 mm
4. SEAL
5. Diameter at apical end: 0.5 mm

* Electrode development was in close collaboration with Prof. Levent Sennaroglu, Department of Otolaryngology, Hacettepe University Medical Faculty, Turkey
Technical description of the implant

**Standard Electrode Array**

Order number: 33333

The Standard Electrode Array (see Figure 9) is 31.5 mm long and designed for long cochlear duct lengths. Contacts are spaced over 26.4 mm with 2.4 mm spacing between each contact pair. The electrode’s length allows insertion into the scala tympani and stimulation of the cochlear canal to the fullest extent possible. The array features a marker ring 31.5 mm from the apex that is used to seal and to indicate maximum electrode insertion. The diameter of the array increases to 1.3 mm at the proximal thicker part of the array just before the marker ring.

- 24 platinum electrode contacts
- Optimal spacing over a 26.4 mm stimulation range
- Diameter at basal end: 1.3 mm
- Diameter at apical end: 0.5 mm

**Medium Electrode Array**

Order number: 33334

The Medium Electrode Array (see Figure 10) is 24 mm long and designed for cases where deep insertion is not desired or is not possible due to anatomic restrictions. It features 12 evenly spaced electrode pairs spaced over 20.9 mm, with 1.9 mm spacing between each contact pair. Note that the Medium Electrode Array is not inserted to the marker ring.

- 24 platinum electrode contacts
- Optimal spacing over a 20.9 mm stimulation range
- Diameter at basal end: 0.8 mm
- Diameter at apical end: 0.5 mm

Figure 9 Standard Electrode Array

Figure 10 Medium Electrode Array
Technical description of the implant

Compressed Electrode Array

Order number: 33335

The Compressed Electrode Array (see Figure 11) is 15 mm long and designed for partial ossification or malformation of the cochlea. It features 12 pairs of contacts spaced closer together in the apical end of the array. The contacts are spaced over 12.1 mm, with 1.1 mm between each contact pair. Note that the Compressed Electrode Array is not inserted to the marker ring.

Figure 11 Compressed Electrode Array

1. 24 platinum electrode contacts
   Optimal spacing over a 12.1 mm stimulation range

2. Diameter at basal end: 0.7 mm

3. Diameter at apical end: 0.5 mm
Surgical tools
Note that the surgical tools supplied by MED-EL should not be modified in any way. Modification of any of the tools is done at the surgeon’s own risk.

Detailed instruction of the reprocessing process and the individual preparation before cleaning the tools can be found in the appropriate instructions for use.

**CI Surgical Instrument Tray**

**CI Surgical Instrument Tray**

**Order number: 33117**

The CI Surgical Instrument Tray is a collection of reusable tools for implantation of all current titanium MED-EL cochlear implants. The tools should be sterilised before use.

CI Instrument Tray includes:

<table>
<thead>
<tr>
<th>Tool Description</th>
<th>Order number</th>
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<tbody>
<tr>
<td>1 SONATA Implant Template</td>
<td>05064</td>
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<tr>
<td>1 SONATA Stimulator Template</td>
<td>04715</td>
</tr>
<tr>
<td>1 Processor Template</td>
<td>01557</td>
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<tr>
<td>1 PIN Drill Guide SI</td>
<td>09906</td>
</tr>
<tr>
<td>1 Skin Flap Gauge 6</td>
<td>03543</td>
</tr>
<tr>
<td>1 Surgical Claw Angled</td>
<td>00284</td>
</tr>
<tr>
<td>1 Micro Forceps Right-Angled</td>
<td>05777</td>
</tr>
<tr>
<td>1 Micro Forceps Left-Angled</td>
<td>05778</td>
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</tbody>
</table>

**PIN Drill Guide SI (Ms040211)**

**Order Number: 09906**

The PIN Drill Guide SI is a re-usable surgical instrument for creation of defined holes on the skull for the fixation pins of the Cochlear Implant, PIN. It can also be used for implants without pins to outline the position of the stimulator on the skull and to assess the size and flatness of the stimulator bed.

It consists of a PIN Drilling Template made of titanium and a Clamping Handle made of stainless chromate steel. The device is especially recommended for surgeons using a small incision.

This tool is a re-usable surgical instrument for transient use. The device is delivered non-sterile.
**Processor Template (Ms040213)**

Order number: 01557

The Processor Template shows the minimum spacing which must remain free behind the ear so that the external coil and the BTE Audio Processor do not interfere with each other when worn by the patient post-operatively. The section of the Processor Template closest to the pinna (auricle) depicts the outline of MED-EL’s BTE processors. The section furthest from the pinna represents the safety distance between pinna and stimulator of the implant.

This tool is a re-usable surgical instrument for transient use made from medical grade stainless steel. The device is delivered non-sterile.

**Skin Flap Gauge 6**

Order number: 03543

The Skin Flap Gauge 6 is used to evaluate the thickness of the skin flap in the area covering the cochlear implant. A skin flap thickness of 6 mm or less is necessary for a good magnetic hold and optimal signal transmission. Thick skin flaps should be reduced to 6 mm or less.

This tool is a re-usable surgical instrument for transient use made from medical grade stainless steel. The device is delivered non-sterile.
Surgical Claw Angled

Order number: 00284

The Surgical Claw Angled can help to position and insert the electrode array into the cochlea. The tip of this instrument is slightly bent for better visualisation during electrode insertion.

This tool is a re-usable surgical instrument for transient use made from medical grade stainless steel. The device is delivered non-sterile.

Micro Forceps Angled

Order number: 05761 Right Angled & Left Angled
05777 Right Angled
05778 Left Angled

The Micro Forceps Left Angled and the Micro Forceps Right Angled are used to grip, hold and insert the electrode into the cochlea without damaging it. It is the surgeon's preference which angled Micro Forceps to use to insert the electrode array in either the left or the right ear. In the closed position, the tips of the forceps are parallel to each other, separated by a distance of 0.25mm.

This tool is a re-usable surgical instrument made from medical grade stainless steel. The device is delivered non-sterile.
Additional Implant Tools

These additional tools can be used for implanting SYNCHRONY but are not included in the CI Surgical Instrument Tray.

FENTEXmedical Forceps

FENTEXmedical GmbH is specialised in the development, manufacturing and marketing of surgical instruments and visualisation systems for ENT, Head & Neck and Facial Surgery.

Basic description of the device:
CI Electrode Insertion Forceps L=155 mm, with longitudinal groove, for electrodes with a basal diameter in the range 0.8 – 1.3 mm

FENTEXmedical forceps have been successfully tested at headquarters with all MED-EL electrode arrays. This surgical tool is no MED-EL product and may therefore be ordered directly at your local FENTEXmedical distributor.

http://www.fentexmedical.com/

Surgical Claw Straight

Order number: 07711

The Surgical Claw can help to position and insert the electrode array into the cochlea. The tip of this instrument is straight.

This tool is a re-usable surgical instrument made from medical grade stainless steel. The device is delivered non-sterile.

Mi1210 Implant Template

Order number: 33056

This silastic template is used to assess the size and the position of the implant on the skull.

The implant template is for single use only and is therefore not intended to remain in the body. Do not reuse or resterilise.
Surgical tools

SYNCHRONY features a secure removable implant magnet. The Magnet Replacement Kit and Magnet Tool Kit provide all the necessary components for magnet removal and replacement.

**Magnet Replacement Kit**

**Order number:** 09693

Provides the surgical tools needed for SYNCHRONY magnet removal/replacement and should be used in conjunction with the Magnet Replacement Kit. This kit is for single-use only and is delivered sterile.

**Includes:**

1. Non-Magnetic Spacer (Purple)
2. Replacement Magnet (Blue)

**Magnet Tool Kit**

**Order number:** 09734

Provides the surgical tools needed for SYNCHRONY magnet removal/replacement and should be used in conjunction with the Magnet Replacement Kit. These tools are re-usable instruments for transient use. They are delivered non-sterile.

**Includes:**

1. Magnet Insertion Tool (08399)
2. Magnet Removal Tool (08400)
Insertion Test Tools

They are primarily used when ossification or fibrosis is suspected to aid the surgeon in determining which electrode variant to use (e.g. for detailed dimensions please see Chapter 3 Implant Variants).

Insertion Test Device (ITD)

Order number: 02081

The ITD is similar to the Standard Electrode Array in dimension and shape. It has a stopper at 18.0 mm and 5 pairs of markers to help determine insertion depth up to a maximum of 18.0 mm. The Insertion Test Device is delivered in sterile packaging and is a single-use device only.

![Insertion Test Device](image)

Typical dimensions in mm

Contact spacing: 2.4 mm
Markers: 2x5
Max. insertion depth: 18.0 mm

Insertion Electrode (IE)

With the Insertion Electrode (IE) the surgeon can establish whether the cochlear lumen is obstructed or if it is freely accessible up to different insertion depths depending upon the considered electrode variant planned for the implantation.

The Insertion Electrodes are delivered in sterile packaging and are single-use devices only.

<table>
<thead>
<tr>
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<tbody>
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<td>08255</td>
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<td>08256</td>
<td>IE Medium</td>
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<tr>
<td>08258</td>
<td>IE Compressed</td>
</tr>
</tbody>
</table>

Figure 25 Insertion Test Device
General remarks about the surgery
• General remarks about the surgery

• Prophylactic use of antibiotics is recommended for all patients unless medically contraindicated.
• Facial nerve monitoring is recommended. When carried out, neuromuscular blockage should be avoided.
• Evaluation of possible electrode insertion length for the individual patient should be done prior to the surgery. This can be performed by a standard X-ray or a CT scan.
• Sterility of the implant must be ensured at all times.
• The implant must never be dropped onto a hard surface; damage to the implant or electrodes during the operation will invalidate the warranty.
• Before opening the implant box a telemetry should be done to check the function of the implant inside the box.
• In cases where the patient has a thick skin flap, the flap should be thinned to no more than 6 mm. Use the Skin Flap Gauge 6 to accurately determine skin flap thickness.
• The area of the temporal bone on which the stimulator will be placed, shall be flattened in order to ensure that the implant is sufficiently immobilised.
• The electrode lead should be placed in a ramp-like bony channel without sharp edges to protect it against postoperative movement and excessive mechanical impact.
• Do not place sutures over the active electrode lead.
• Good physical and thus stable electrical contact between stimulation reference electrode and surrounding tissue is essential for electrical stimulation. Therefore do not place any fixation sutures directly over the reference electrode and do not recess the stimulator too deeply to avoid any air gap over the reference electrode.
• Only surgical instruments approved by MED-EL should be used during the insertion process, other instruments (probes, hooks, forceps, tweezers, etc.) can damage the electrode array.
• The electrode array should be inserted as far as possible or planned, according to the individual electrode insertion length, into the cochlea without compressing the array, or using excessive force.
• After the electrode array has been inserted into the cochlea, small pieces of temporalis fascia should be placed around the electrode array at the entrance to the cochlea to secure the electrode array and to seal the cochlea opening.
• The excess electrode lead must be looped and secured with caution in the mastoid cavity. It must be secured under the cortical overhang so that the electrode array will not migrate out of the cochlea or be subject to external pressure that could cause movement and subsequent damage to the electrical connections.
• Monopolar electrosurgical instruments must not be used in the head and neck region. If bipolar electrosurgical instruments are used, the tips of the cautery must be kept at least 5 mm away from the reference electrodes on the stimulator housing and any contacts of the active electrode.
• A paper on pathomechanisms, clinical symptoms, conservative and surgical treatments in cases of meningitis may be useful additional reading. (Arnold et al, ORL 2002;64:382-389).
• Middle ear infection or a temporary loss of lymphatic fluid in cochlea can lead to temporarily elevated electrode impedances or impedance fluctuations. Such impedance fluctuations can cause variation in loudness which may in some cases resolve on its own over the course of a few weeks, other cases may require surgical intervention.
Surgical procedure
The SYNCHRONY ST Cochlear Implant can be implanted using a small incision, however, for demonstration purposes only, the following illustrations include an enlarged incision area. Additionally, some of the medical illustrations are schematic and can differ from a patient’s anatomical situation.

Every CI surgery should be performed as atraumatically as possible so that residual hearing can be preserved. The following surgical procedure will ensure that. Additional important surgical steps for EAS patients can be found in the appropriate EAS infobox. Summarised EAS information can be found in the appendix.

STEP 1: Prepare Patient

As a prophylactic measure, intravenous antibiotics should be given 1/2 to 1 hour before the incision is made.

After the patient has been anaesthetised, the incision area should be shaved. Usually an area including the incision line and the area between the incision and the pinna is shaved. Some surgeons choose to shave only the area over the predetermined line of the incision, and they recommend a margin of at least 2 cm around the incision. Meticulous care should be taken to ensure that the site is well cleansed. After cleansing and draping the site, inject local anaesthetics containing vasoconstrictors, e.g. adrenaline 1:200,000 up to 20 mls.

EAS

- Please ensure that corticosteroids (crystalline triamcinolone solution or dexamethasone), intravenous corticosteroids, and hyaluronic acid are all available for the surgery.
- Administer intravenous antibiotics from the Cephalosporin group approximately half an hour before the skin incision.
STEP 2: Mark Implant Position

Place the Processor Template behind the ear and position the MI1210 Implant Template. The section of the Processor Template closest to the pinna (auricle) depicts the outline of MED-EL’s BTE processors. The section furthest from the pinna represents the safety distance between pinna and stimulator of the implant. There are various orientation options. A suggested orientation for each ear is shown in Figure 26 and Figure 27, but the orientation depends on various factors, like e.g. the curvature of the skull.

Position the implant template in such a way that the SYNCHRONY ST Cochlear Implant will be in the hair bearing area. The lower part of the stimulator should be under or close to the temporal line, with an angle between 30° and 60°. The electrode exits on the lateral side of the implant. Therefore the electrode lead comes out superiority for the left ear and inferiorly for the right ear.

Particular attention should be paid to the placement of the electrode lead on the skull. The position of the reinforced part of the electrode lead should be selected to facilitate the placement of the entire length of the electrode in a recessed channel. This ensures that the reinforced part of the electrode lead does not protrude into the mastoidectomy.

Once the implant template is in place, surgical ink may be used to mark its position on the surface of the skin. Surgeons may choose to transpose the position of the implant template onto the surface of the bone by using a hypodermic needle inserted perpendicularly to the skin at points along the side of the implant template.

When implanting a patient bilaterally, care should be taken with the placement of the implants. In particular the second side should be placed specifically to match the location of the first to give a symmetric appearance of the external part. The skull curvature and pinna position need to be taken into consideration when placing the second implant similar to the contralateral side.
STEP 3: Plan Incision

Choose the line of incision so that a well vascularised skin flap results. Make the incision 1–2 cm from the implant to ensure that the scar will not lie directly over the body of the implant. Incise the tissue with a scalpel and use bipolar electrocoagulation for haemostasis.

An example of a commonly used postaural incision is shown in Figure 28 and Figure 29. Postaural incisions start in the sulcus behind the pinna and extend posteriorly.

For greater mastoid bone exposure, each of these incisions can be extended posteriorly in the shape of an arc.
STEP 4-A: Open Skin Flap

The incision is made and the wound is held open by retractors. At all times care should be taken to ensure that the flap is kept moist with damp surgical gauze.

Either a single layer skin flap – all four layers, skin, subcutis, muscle and periosteum are incised in a single cut, or a double layer skin flap can be performed.

A double layer skin flap may:
• reduce the chance of infection because the incisions are at different locations and layers, and
• allow better healing so it is often used for re-implantations and when encountering postauricular scar formation.

Double layer skin flap (see Figure 30)
The four different tissue layers skin, subcutis, muscle, and periosteum are incised with two different incisions. First, the skin, subcutis and muscle are raised and retracted. Second, the periosteum is incised, the periosteum is freed from the surface of the bone and then retracted in another location.

Various methods may be used when incising the periosteum. Care should be taken to avoid incision over the implant later on.
STEP 4-B: Skin Flap Thickness

In order to achieve good magnetic hold and optimal signal transmission, the skin flap or the muscle may need to be thinned out so it does not exceed 6 mm.

Evaluate the portion of the flap over the magnet and receiving coil with the Skin Flap Gauge 6, as shown in Figure 31. If the flap does not fit in the gauge loosely, carefully thin the flap until it does. It is important to avoid over-thinning of the flap, which may result in wound complications. Care must be taken to avoid exposing hair follicles.
STEP 5: Check Position of Implant and Electrode Lead

CAUTION
Retractors may distort the actual position of the implant in relation to the pinna as the ear is retracted.

The Mi1210 Implant Template should be placed on the skull in order to visually check its proper position. The bony ear canal should be identified and re-marking on the skull should be done if necessary (see Figure 32).

Figure 32 Marking the implant position with the Implant Template – right ear
STEP 6: Drill Mastoidectomy and Posterior Tympanotomy

CAUTION
Clear identification of the anatomical landmarks is required. When drilling, care should be taken to avoid exposing the dura inadvertently. If the dura is exposed as a landmark, exposure shall be kept to an absolute minimum. Inadequate large exposure or injury to the dura may reduce the barrier to future infection and may increase the potential risk for future meningitis. For example, neuro-radiological follow-up in cases of fractures of the anterior skull base have shown that foudroyantly progressing meningitis may occur, even years later. Similar mechanisms may also exist in respect of ear and mastoid surgery.

Facial nerve monitoring is recommended; when carried out, neuromuscular blockade should be avoided.

A standard cortical mastoidectomy is performed with a cutting burr, while ensuring good irrigation. A cortical overhang should be left, both superiorly and posteriorly; it can later serve as a natural support for the electrode lead as it is looped in the mastoid cavity.

The fossa incudis should be located, and the tip of the short process of the incus is identified to ensure the proper orientation of the posterior tympanotomy. This important part of the operation should be practiced many times on human cadaver temporal bones before live surgery is performed. A triangular opening is made between the mastoid and the facial nerve, which is referred to as the facial recess. The posterior limit is the vertical portion of the facial nerve, the anterior limits are the annulus and chorda tympani, and the upper aspect is a posterior buttress at the level of the fossa incudis. Start drilling immediately below the fossa incudis, using a 3 mm diamond burr centred on the tip of the short process. Use high magnification and copious irrigation. Extreme care should be taken in drilling the posterior tympanotomy and the surgeon should be aware of any possible anatomical variants of the facial nerve.
Surgical procedure

The following should be visible after the posterior tympanotomy: the long process of the incus, the incudostapedial joint, the stapes pyramid and stapedius tendon, the promontory and the round window niche (see Figure 33 and Figure 34).

When the Fixation Clip will be used to stabilise the electrode lead inside the middle ear cavity care should be taken that the posterior buttress (see Figure 35) is created accordingly to the dimensions of the Fixation Clip. The recommended size of the posterior buttress is 2 mm.

- It is recommended to create a larger posterior tympanotomy (as compared to that of a standard cochlear implantation) beside the anterior tympanotomy in order to provide a better view as well as more space to manoeuvre the electrode array.
- Elevate a mucosal flap to avoid mucosal bleeding when opening the cochlea.
STEP 7: Drill Stimulator Bed and Electrode Channel

CAUTION

- The implant must be immobilised in a flat stimulator bed drilled in the temporal bone. The electrode lead should be placed in a ramp-like bony channel without sharp edges to protect it against postoperative movement and excessive mechanical impact.
- The anterior stimulator edge should not be recessed to a depth more than 2 mm.
- All sharp edges of bone must be removed in order to avoid possible damage to the electrode lead. Drilling should be completed before the cochlea is opened to prevent any bone dust from entering.
- Protect the middle ear cavity from bone dust contamination by closing it with medical gauze.

The implant must be immobilised in a flat stimulator bed drilled in the temporal bone. In adults, it may not be necessary to expose the dura, but in small children with a thin skull, drilling to the dura may sometimes be required in order to ensure that the stimulator is well recessed in its bed. If drilling down to the dura is necessary a bony island should remain. Ideally, the stimulator is recessed approximately 2 mm.

Once again the Mi1210 Implant Template can be used to mark the flatness on the skull and the correct position for the implant bed (see Figure 36).

For protection and placement of the electrode lead, a smooth channel has to be drilled in the bone leading to the mastoid. Make sure that the channel is deep and wide enough to comfortably accommodate the electrode lead.

If, for example, the implant is fixed with sutures, a diamond burr should be used to drill the holes so that the implant can be immobilised later. The suture holes should be drilled such that the sutures do not cross the electrode, but rather only cross the silicone over-mold (see Figure 37).
Surgical procedure

STEP 8 – VARIANT 1: Preparation for a Round Window opening

**CAUTION**

- Always use a slow turning diamond drill to avoid acoustic trauma when drilling the round window (RW) niche (approx. 1000rpm).
- Try to keep the RW membrane intact until the insertion of the electrode.

A clear view of the RW membrane is fundamental for the successful performance of a round window opening. Therefore, the drilled area of the posterior tympanotomy is usually slightly larger than that of a standard posterior tympanotomy to get a clear view of the RW niche.

Before starting the preparation of the RW niche, a mucosal fold should be removed from the promontory. This prevents mucosal bleeding and provides better feedback from the tip of the drill (see Figure 38).

To facilitate the electrode insertion a portion of the anterior-inferior bony RW margin as well as the superior overhang of the RW niche needs to be drilled away. This increases the accessibility of the RW and prevents the electrode from being directed towards the modiolus. One potential risk associated with drilling the RW margin relates to its close proximity to the opening of the cochlear aqueduct. Care should be taken to avoid this inner ear structure.

Advantages of a RW opening:
- The amount of drilling is significantly reduced compared to a cochleostomy and no endosteal preparations in the direct vicinity of the basilar membrane are needed.
- The round window always leads into the correct scala for an electrode insertion – the scala tympani.

Figure 38 Elevating a mucosal flap – right ear
To enter the middle portion of the scala tympani and to get visualisation of the RW membrane, the posterior-superior lip of the round window niche and the inferior margin of the round window should be drilled away. By doing this, the round window will be exposed for best insertion of the electrode array (see Figure 39).

The RW niche is drilled and exposure should be extensive enough to comfortably fit the electrode. An appropriate RW opening in relation to size, is dependent upon the type of electrode array chosen. Please refer to STEP 9, “Select Appropriate Electrode Variant”.

**EAS**

- Begin drilling near the cochlea use a slow turning diamond drill to avoid acoustic trauma.
- To enter the middle portion of the scala tympani and to get visualisation of the round window membrane, the posterior-superior lip of the round window niche and the inferior margin of the round window should be drilled away to expose the round window membrane at least 0.8mm.
- Fill the electrode insertion site with corticosteroid.
- Protect the middle ear cavity from bone dust contamination by closing it with medical gauze.
STEP 8 – VARIANT 2: Preparation for a Cochleostomy

CAUTION

- For drilling the cochleostomy, always use a slowly turning diamond drill to avoid acoustic trauma (approx. 1000rpm).
- Try to keep the endosteum intact until the insertion of the electrode.

Before preparing to drill the cochleostomy, the mucosal fold should be removed over the promontory. This prevents mucosal bleeding and provides better feedback from the tip of the drill (see Figure 40).

The round window niche is identified and the cochleostomy is made inferior and slightly anterior to it. Many surgeons have a preferred technique to locate the best promontory point to begin drilling the cochleostomy. One recommendation is to use the width of the stapes as a measuring tool. The cochleostomy is made inferior to the stapedial tendon at a distance twice the width of the stapes and inferior and slightly anterior to the round window.

Figure 40 Removal of a mucosal fold & marking of cochleostomy – right ear

Figure 41 Drilling the cochleostomy inferior and slightly anterior to the round window – right ear
The cochleostomy is drilled and the exposure of the endosteum should be big enough to comfortably fit the electrode. An appropriate cochleostomy size is dependent upon the type of electrode array chosen. Please refer to STEP 9, “Select Appropriate Electrode Variant”.

The bony lip of the cochleostomy is slightly smoothed with a small diamond drill bit.

**EAS**

- Begin drilling near the cochlea use a slowly turning diamond drill to avoid acoustic trauma.
- The cochleostomy should be drilled inferior and slightly anterior to the round window annulus to achieve a scala tympani insertion and to avoid damage to the osseous spiral lamina. The endosteum should be exposed to approximately 0.8 mm.
- Fill the electrode insertion site with corticosteroid.
- Protect the middle ear cavity from bone dust contamination by closing it with medical gauze.

![Figure 42 Drilling the cochleostomy and leaving the endosteum intact when drilling (upper picture), smoothing the edges of the cochleostomy (lower picture)](image-url)
**Surgical procedure**

**STEP 9: Select Appropriate Electrode Variant**

Complete Cochlear Coverage (CCC) means stimulating the cochlea from the base to the apical region in order to stimulate a maximum number of nerve fibres. Stimulation of the entire frequency range with a deeply inserted, long array provides the implant user with the best possible outcomes in speech performance measures and in sound quality.

MED-EL Cochlear Implants are available with several different electrode options. For hearing preservation with especially atraumatic electrode arrays, or for even the most difficult cases of cochlear ossification, obstructions or malformations (see Figure 43).

### Reduced Cochlear Duct Length or Malformations

Depending on the cochlear duct length or the malformation of the cochlea, a FORM24, FORM19, FLEX24, FLEX20, Medium or Compressed Electrode Array may be appropriate for optimal cochlear coverage and stimulation.

### Cochlear Ossifications

The surgeon must be prepared for unexpected findings during surgery. Depending on the degree of ossification, different surgical approaches and Electrode Arrays can be used.

### Partial Ossification

If only the inferior section of the basal coil is ossified, drilling along the basal turn can often reveal an open lumen in the further course of the scala tympani. In such cases, a FLEXSOFT, FLEX28 or Standard Electrode Array can be inserted.

If the ossification is also in the ascending section of the basal turn, and a drill-through cannot be achieved, there are various options:

- The cochleostomy can be widened in a superior direction to reach the scala vestibuli. If this scala is patent, a FLEXSOFT, FLEX28 or Standard Electrode Array can be inserted.
- The Compressed Electrode Array can be inserted into the tunnel which has been drilled into the lower basal coil.

**Insertion Test Tools**

Evaluation of possible electrode insertion length for the individual patient should be done prior to the surgery. This can be performed by a standard X-ray or a CT scan.

With the help of the Insertion Test Tool, the Insertion Electrode (IE), the surgeon can establish whether the cochlear lumen is obstructed or if it is freely accessible up to different insertion depths depending upon the considered electrode variant planned for the implantation.

The Insertion Electrode variants shall not be used in patients where residual hearing shall be preserved.

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* Implant variants availability is subject to regulatory approval
**Surgical procedure**

**FLEXSOFT**
A 31.5 mm electrode array featuring FLEX tip technology for increased mechanical flexibility and enabling CCC.
Order number: 33336

**FLEX28**
A 28 mm electrode array suitable for 96% of all normal cochlear duct lengths featuring FLEX tip technology. Optimised for insertion into the apical region (CCC).
Order number: 33338

**FLEX26**
A 26 mm electrode array featuring FLEX tip technology and designed to increase mechanical flexibility for reduced insertion force.
Order number: 36631

**FLEX24**
A 24 mm electrode array featuring FLEX tip technology and designed for combined Electric Acoustic Stimulation (EAS) with insertion less than 1.5 turns.
Order number: 33337

**FLEX20**
A 20 mm electrode array featuring FLEX-Tip technology and designed to be used in cases of partial deafness or for other specific needs or surgical preferences.
Order number: 33341

**FORM24™**
A 24 mm electrode array featuring CSF SEAL designed for open (no obliteration or ossification) or malformed cochlea, especially Type II malformations. Also for cases where CSF leakage is expected.
Order number: 33340

**FORM19™**
A 19 mm electrode array featuring CSF SEAL designed to be used in cochleae with malformation, especially Type I and Type III, obliteration, or ossification. Also for cases where CSF leakage is expected.
Order number: 33339

**Standard**
A 31.5 mm electrode array designed for long cochlear duct lengths.
Order number: 33333

**Medium**
A 26 mm electrode array designed for cases where deep insertion is not desired or is not possible due to anatomic restrictions.
Order number: 33334

**Compressed**
A 15 mm electrode array designed for partial ossification or malformation of the cochlea.
Order number: 33335

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Figure 43 MED-EL electrodes
STEP 10: Immobilise the Implant

CAUTION

• Monopolar electrosurgical instruments must not be used in the head and neck region. If bipolar electrosurgical instruments are used, the tips of the cautery must be kept at least 5 mm away from the reference electrodes on the stimulator housing and any contacts of the active electrode.
• Additional immobilisation of the implant needs to be performed.
• If sutures are chosen for immobilisation of the implant do not place the sutures directly over the electrode lead.

Additional immobilisation of the implant needs to be performed (e.g. with sutures). It should be conducted in such a way that there will be no postoperative movement. Continuous movement may result in mechanical fatigue and subsequent premature failure of electrical connections.

When the implant is immobilised with sutures, the holes drilled in STEP 7 should be used to secure the implant in its bed and the electrode should be placed into the drilled channel leading into the mastoid. Make sure the electrode channel is deep enough to prevent the tie-down from exerting pressure and damaging the electrode. MED-EL recommends the use of the following techniques (details in Figure 44).

Good physical and thus stable electrical contact between stimulation reference electrode and surrounding tissue is essential for electrical stimulation. Therefore do not place any fixation sutures directly over the reference electrode and do not recess the stimulator too deeply to avoid any air gap over the reference electrode.

In the event that the placement of the implant led to the protrusion of the reinforced part of the electrode into the mastoidectomy the following measures should be undertaken:
• Gently pre-shape the reinforced part of the electrode lead; without surgical instruments, using your hands only.
• Try to coil the rest of the electrode lead into the mastoidectomy, in such a way that additional pressure is not placed on the outer ear canal or the periosteum closing the mastoid cavity.
STEP 11: Opening the Cochlea

Before inserting the electrode array into the cochlea, either the RW membrane for a RW insertion or the endosteum for a cochleostomy insertion, needs to be incised.

Either a micro-lancette or a micro-hook can be used to open the cochlea (see Figure 45, Figure 46 and Figure 47).

EAS

• Prior to opening the cochlea, clean the surgical field, change gloves, remove the gauze used to keep bone dust out of the middle ear cavity and administer a single dose of intravenous corticosteroids to protect the inner ear.

• Place a drop of corticosteroid on the round window membrane or endosteum to reduce fibrotic reaction and cover it with a drop of hyaluronic acid. This will keep the corticosteroid in place and protect it from bone dust.

• Using a micro-lancette or micro-hook, carefully incise the round window membrane in its inferior-anterior quadrant to approximately 0.8 mm.

• Using a micro-lancette or micro-hook, carefully incise the endosteum to approximately 0.8 mm.

• Avoid suctioning in the open region of the cochlea.
STEP 12: Insert the Electrode Array

CAUTION

- Only surgical tools approved by MED-EL should be used to insert the electrode array into the cochlea.
- Under no circumstances should any force be used during electrode insertion.
- Insertion of the electrode array into the cochlea will probably destroy remaining hearing that was present in that ear prior to surgery.

It is important for the electrode array to approach the anterior portion of the basal turn (where the “hook region” is located) at an angle so that it slides along the lateral wall of the scala tympani (see Figure 48).

The individual insertion vector for each case should be considered in order to reach a lateral wall (tangential) electrode insertion (see Figure 49). Non-tangential insertion should be avoided.

Surgical tools approved by MED-EL should be used to insert the electrode array into the cochlea (please see Chapter 4 Surgical Tools). Use of lubrication or anti-inflammatory compounds during electrode insertion is up to the surgeon.

Figure 48 Direction of electrode insertion – right ear

Figure 49 Insertion vector to reach a tangential electrode insertion
Surgical procedure

The electrode lead is held very carefully at the proximal thicker part, just above the marker ring. If using a FLEX-style electrode array, orient the single contacts along the apical portion of the array toward the modiolus of the cochlea during insertion so that the marker dot at the base of the array will point towards the modiolus after insertion. The tip of the electrode array is guided toward the cochlea opening. After the tip is gently manoeuvred further into the cochlea, the electrode array can be gripped between the contacts (see Figure 50). During insertion it is essential that the electrode contacts are not mechanically damaged and that no excessive force is used.

Please be aware that sealing of the cochlear opening with the marker ring should not be achieved with the Medium and Compressed Electrode Arrays.

EAS

- Since EAS candidates show good residual hearing in the low frequencies, a tangential insertion -i.e. ideal electrode insertion vector to reach the lateral wall of the cochlear at the beginning of the basal turn in the hook region- is strongly recommended for straight electrode designs. This ensures that our highly flexible electrodes glide along the lateral wall when inserted further into the cochlear, minimising possible damage to the delicate structures and at the same time allow a “deep insertion” (as desired by the surgeon).

Figure 50 Detail of electrode insertion – manoeuvre the electrode array between the contacts & after the marker ring
If resistance is encountered before reaching the marker ring, the electrode array may buckle. In such cases, electrode insertion should be stopped. Excessive force should not be used, as it may result in intra-cochlear damage.

The following measures may be helpful in such situations:

- **Carefully rotate the electrode**
  - Due to the unique oval design of the electrode array, the electrode can be slightly rotated to allow it to slide deeper into the cochlea.

- **Small movements close to the insertion site**
  - Hold the electrode no more than 2 mm from the cochleostomy or round window opening. Gently insert the electrode with one stroke, release it and grasp it again 2 mm from the insertion site. Repeat this procedure until complete insertion is achieved.

- **Slow the rate of insertion**
  - Slow the speed that the electrode is introduced into the opening. Frequent pauses during insertion can allow the electrode to gently slide along the cochlear duct.

- **Use of lubricant**
  - As known from soft surgical techniques, the use of a lubricant can help smoothing the electrode insertion.

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**Figure 51 Full insertion of the electrode array – forceps positioned behind the marker ring – right ear**

- **EAS**
  - Immediately start the electrode insertion through the drop of corticosteroid and hyaluronic acid.
  - General insertion direction is from superior-posterior to anterior-inferior with the knob indicating the direction of the apical electrodes facing towards the modiolus.
CAUTION
• To minimise the risk of postoperative infection additional sealing of the cochlear opening should be done for all MED-EL electrode arrays.
• Once the electrode array has been inserted into the cochlea, the electrode lead should be fixed so that no postoperative movement will occur.
• Please be aware that sealing of the cochlear opening with the marker ring should not be achieved with the Medium and Compressed Electrode Arrays.

When the electrode array is fully inserted, the marker ring will aid sealing the cochlear opening during surgery and provide an additional point of fixation (see Figure 52). This sealing will only take place with the FORM24, FORM19, FLEXSOFT, FLEX28, FLEX26, FLEX24, FLEX20 and STANDARD Electrode Array fully inserted.

For all MED-EL Electrode Arrays, use a small fascial graft around the electrode array at the entrance to the cochlea to secure the electrode array and to seal the opening. Before application, rinse the small pieces with saline solution to prevent contamination of the electrode and to increase flexibility.

EAS
• To seal the cochlea, use a small fascial graft. To prevent contamination of the electrode and to increase flexibility, rinse the fascial graft with saline solution.

Figure 52 The marker ring of the Standard Electrode Array can seal the cochlear opening, aiding in its fixation – right ear

Figure 53 The electrode lead should be loosely placed below the cortical overhang of the mastoidectomy – right ear
STEP 13-B: Secure Electrode Lead

If you choose to secure the electrode lead in the posterior tympanotomy, fibrin glue or bone paté can be used. MED-EL offers a Fixation Clip to secure the electrode lead to the posterior buttress [incus bridge].

Securing the electrode lead with the Fixation Clip*

Order number: 09917

CAUTION

- The Fixation Clip shall not be used in the case that the posterior buttress is not suitable for placing the Fixation Clip.
- The recommended diameter of the posterior buttress is 2 mm.
- Accidental bending of the Fixation Clip during removal from its packaging must be avoided in order to prevent functional damage.
- Care should be taken that during the fixation of the bone fixation clip the Incudostapedial joint and the posterior incudal ligament are not harmed and the movements of the ossicles are not inhibited.
- Care should be taken not to squeeze or damage the electrode.

The Fixation Clip shall be used exclusively with MED-EL electrodes that have a diameter of 1.3 mm at the distal part of the electrode lead (see Figure 55).

The openings are not of the same size. The larger opening of the Fixation Clip is the bone fixation clip and the smaller opening of the Fixation Clip is the electrode fixation clip (see Figure 56).

* Fixation Clip development was in close collaboration with Prof. Joachim Müller, Klinik und Poliklinik für Hals-, Nasen- und Ohrenheilkunde München Großhadern, Germany
First the larger clip (bone fixation clip) shall be placed on the posterior buttress (see Figure 57).

Next, the bone fixation clip shall be properly crimped to the posterior buttress (see Figure 58). For crimping the Fixation Clip a micro forceps should be used (e.g. Hartmann Alligator Forceps, 8 mm).

After fixing the bone fixation clip, the electrode fixation clip shall be closed over the electrode lead so that both ends of the electrode fixation clip come together and the clip is completely closed (see Figure 59).

The electrode lead is longer than required in order to accommodate anatomical variants and to compensate for skull growth in children.

The electrode lead is looped in the mastoid cavity well below the surface of the bone, using the cortical overhang to hold it in place to avoid postoperative movements due to contractions of the temporalis muscle (see Figure 60).

Additional immobilisation of the electrode lead inside the electrode channel could be done, e.g. with bone paté or bone wax.
STEP 14: Intra-operative Recordings

At this stage intra-operative recordings like Impedance Field Telemetry (IFT), Electrically Evoked Stapedius Reflex Threshold (ESRT), Electrically Evoked Brainstem Response (EABR) or Auditory Nerve Response Telemetry (ART) can be performed.

Intra-operative measurements are performed with the appropriate MED-EL application software and the MED-EL hardware interface system. For details please refer to the applicable Software user manual. It is not possible to sterilise any component of the MED-EL hardware interface system. When used in a sterile environment, the coil and cable should be covered with sterile material (i.e. “sterile sleeve”). The appropriate coil should be used during intra-operative recordings.

Since the coil should not be placed directly on the implant, either sterile gauze drenched in saline solution or the skin flap should be placed between the coil and the implant. Moistening the underside of the skin flap with sterile saline or pooling saline over the ground electrode of the implant prior to performing intra-operative recordings may improve readings.

IFT (Impedance Field Telemetry)

After the implant is in place, a telemetry check allows:

- individual electrode impedance measurements
- verification of the absence of short and open circuits between electrodes
- determination of intra-cochlear voltage distribution

As with any telemetry system, intra-operative impedance testing may not provide an accurate representation of later electrode function. “High” values observed intra-operatively may be caused by air bubbles on the electrode contact surface. These generally dissipate within a few hours or days after surgery.

ESRT (Electrical Stapedius Reflex Threshold)

If ESRT thresholds are measured, care should be taken that no muscle relaxant is used during the last half hour before performing the measurements.

Note that observation of the reflex is not possible in some implanted patients due to various physiological and anatomical reasons. In addition, observation of the reflex may not be possible due to anaesthesia. Therefore, absence of a reflex should not be taken as an indication of implant malfunction or lack of auditory response without other more direct evidence.

Intra-operatively, the presence of the reflex can be monitored either by direct observation of the ipsilateral tendon, through the microscope, or by impedance probe measurements in the contralateral ear. Direct observation is employed in most cases, as this is normally straightforward and does not require additional equipment. Probe measurements are usually restricted to research studies.

EABR (Electrically Evoked Brainstem Response)

With the addition of the EABR task, it is possible to measure and record the response of the entire auditory pathway to stimulation from the implant. EABR recordings can be used to determine the best placement of an Auditory Brainstem Implant during surgery, and they can also provide interesting information on the function of the whole auditory pathway. The MED-EL application software EABR parameters can be adjusted to facilitate recording of early, middle and late electrical potentials. To obtain measurements with the EABR task, it is necessary to also use a separate neurodiagnostic computer with a trigger input, along with scalp recording electrodes.

ART™ (Auditory Nerve Response Telemetry)

MED-EL offers implants that are capable of recording compound action potentials – small voltage changes that are created by the auditory nerve when it transmits a signal to the brainstem. The measurement is done a few microseconds after the end of a stimulation pulse. The recorded signal is called the Evoked Compound Action Potential (ECAP or EAP) of the auditory nerve. It has an amplitude of about 0.01 to 2 mV and takes place within roughly one millisecond after the stimulation pulse. Due to these very short, small response levels, special artifact reduction methods are used to enhance viewing of the nerve response.
STEP 15: Close Wound

For additional immobilisation of the implant and the electrode lead, the periosteum should be separately sutured over the implant region and the mastoid cavity. Care should be taken not to damage the implant or the electrode.

The rest of the wound should be closed in layers with staples or absorbable subcutaneous sutures.

The area of the wound is covered with a compress and sterile gauze applying even pressure.

EAS

- A course of steroids and antibiotics should be given postoperatively.
Appendix
Magnet Removal Procedure

Surgical Procedure

STEP 1: Opening the skin flap
When opening the skin flap, keep an adequate distance between the incision and the coil. This will prevent damage to the implant under the skin. For marking the incision either the patient’s audio processor coil or the MAX Coil S can be used. When used in a sterile environment, the Coil should be covered with sterile material (i.e. “sterile sleeve”). MED-EL recommends a distance of 5 to 15 mm from the coil and an opening angle between 160° and 200°. Carefully dissect the fibrous tissue to locate the coil part of the implant and expose the magnet. The wound should be opened in layers.

Figure 61 Showing recommended incision line with MAX Coil S in non-sterile environment

Figure 62 Implant coil with inserted magnet after opening the skin flap
STEP 2: Removing the Implant Magnet or Non-Magnetic Spacer

**CAUTION**
To avoid movement of the implant it is recommended to fix the stimulator by pressing it against the bone with one hand.

1. Place the Magnet Removal Tool in front of the implant coil.
2. Lift the coil part of the implant by sliding the tip of the Magnet Removal Tool under the implant coil.
3. Centre the implant coil in the tip part of the Magnet Removal Tool.
4. Push the Implant Magnet or Non-Magnetic Spacer out of the implant coil by pressing together the two handles of the Magnet Removal Tool.
5. MED-EL recommends checking that the two handles of the Magnet Removal Tool are completely reopened before pulling out the instrument.
6. Remove the Magnet Removal Tool by slowly pulling out the instrument from the implant coil.
7. After pulling out the instrument, the Implant Magnet or Non-Magnetic Spacer can be removed from the tip of the Magnet Removal Tool by lifting the upper handle. The removed Implant Magnet or Non-Magnetic Spacer can be disposed of.
Appendix

STEP 3: Inserting the Non-Magnetic Spacer or Replacement Magnet

**CAUTION**
To avoid movement of the implant it is recommended to fix the stimulator by pressing it against the bone with one hand.

1. Open the upper handle of the Magnet Insertion Tool by unlocking the small locking mechanism and lifting the counter blade.

2. Place the Non-Magnetic Spacer or Replacement Magnet in the front part of the Magnet Insertion Tool. The Non-Magnetic Spacer or Replacement Magnet is correctly placed into the tip when the serial number labelling is not readable from the top.

3. Close the counter blade and lock the locking mechanism.

4. Place the Magnet Insertion Tool in front of the implant coil.

5. Lift the coil part of the implant by sliding the tip of the Magnet Insertion Tool under the implant coil.

Figure 66 Unlocking the locking mechanism and lifting the upper handle

Figure 67 Placing the Non-Magnetic Spacer or the Replacement Magnet in the tip of the Magnet Insertion Tool

Figure 68 Lifting the implant coil with the Magnet Insertion Tool
6. Centre the implant coil in the tip part of the Magnet Insertion Tool so the Non-Magnetic Spacer or Replacement Magnet is completely visible through the hole in the implant coil.

7. For complete insertion of the Non-Magnetic Spacer or Replacement Magnet into the implant coil, insert the Non-Magnetic Spacer or Replacement Magnet into the implant coil by pressing the two handles of the instrument together until the two handles are touching.

8. Re-open the two handles of the Magnet Insertion Tool.

9. MED-EL recommends checking that the two blades of the Magnet Insertion Tool are completely reopened before pulling out the instrument.

10. Remove the Magnet Insertion Tool by slowly pulling out the instrument from the implant coil.

11. Check the correct magnet position.

**STEP 4: Close wound**

Before closing the wound visually confirm that the blue Replacement Magnet (Ms010108) or the purple Non-Magnetic Spacer (Ms010107) was inserted as appropriate. When closing the wound, care should be taken not to damage the implant. The wound should be cleaned and closed in layers with staples or absorbable subcutaneous sutures. The area of the wound should then be covered with a compress and sterile gauze, and even pressure should be applied.
Interference with other equipment, robustness of the device in special environments

For safety recommendations and guidelines related to medical procedures, including MRI scanning, please refer to Medical Procedures Manual shipped together with the implant or visit www.medel.com/isi.

Explanting the Device

- The implant may become non-functional, either by accident or due to medical or technical reasons. In this case, it is strongly recommended to replace the device.
- If for any reason the device is not used anymore, it is strongly recommended to explant the device. If an explantation is not performed, functional checks of the implant on a regular basis are strongly recommended.
- If possible, the device should be removed without damaging or cutting it. Damage to the device during or after explantation may prevent or reduce the manufacturer’s ability to determine the root cause of failure.
- Staff should follow common universal precautions and handle the explanted device as potentially contaminated biohazardous material.
- After explantation, the implant should be appropriately cleaned and disinfected. During cleaning, extraneous tissue should be removed, but only to such an extent that damage to the implant is not risked.
- An explanted device should be placed in a leak-proof, disinfected (or sterile) container filled with saline and returned to MED-EL Headquarters. The device should be accompanied by written information including the reason for explantation.
Appendix

Hearing Preservation Surgical Technique

A special marked paragraph can be found in each Surgical Step showing details which are important for Hearing Preservation for an EAS surgery. A summary on the additional EAS related surgical steps can be found in Figure 71.

<table>
<thead>
<tr>
<th>Round Window Insertion</th>
<th>Cochleostomy Insertion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please ensure that corticosteroids (crystalline triamcinolone solution or dexamethasone), intravenous corticosteroids, and hyaluronic acid are all available for the surgery.</td>
<td></td>
</tr>
<tr>
<td>Administer intravenous antibiotics from the Cephalosporin group and intravenous corticosteroids at least half an hour before the skin incision.</td>
<td></td>
</tr>
<tr>
<td>It is recommended to create a larger posterior tympanotomy (as compared to that of a standard cochlear implantation) beside the anterior tympanotomy in order to provide a better view as well as more space to manoeuvre the electrode array.</td>
<td></td>
</tr>
<tr>
<td>Elevate a mucosal flap to avoid mucosal bleeding when opening the cochlea.</td>
<td></td>
</tr>
<tr>
<td>Begin drilling near the cochlea use a slowly turning diamond drill to avoid acoustic trauma.</td>
<td></td>
</tr>
<tr>
<td>To enter the middle portion of the scala tympani and to get visualisation of the round window membrane, the posterior-superior lip of the round window niche and the inferior margin of the round window should be drilled away to expose the round window membrane at least 0.8 mm.</td>
<td>The cochleostomy should be drilled inferior and slightly anterior to the round window annulus to achieve a scala tympani insertion and to avoid damage to the osseous spiral lamina. The endosteum should be exposed to approximately 0.8 mm.</td>
</tr>
</tbody>
</table>

![Round Window Insertion Diagram](image1)

![Cochleostomy Insertion Diagram](image2)

Fill the electrode insertion site with corticosteroids.

Protect the middle ear cavity from bone dust contamination by closing it with medical gauze.

Drill the implant bed and immobilise the implant.

Prior to opening the cochlea, clean the surgical field, change gloves, remove the gauze used to keep bone dust out of the middle ear cavity.

Place a drop of corticosteroid on the round window membrane or endosteum to reduce fibrotic reaction and cover it with a drop of hyaluronic acid. This will keep the corticosteroid in place and protect it from bone dust.

Figure 71 Hearing Preservation Surgical Technique (Part 1)
### Round Window Insertion
Using a micro-lancette or micro-hook, carefully incise the round window membrane in its inferior-anterior quadrant to approximately 0.8 mm.

### Cochleostomy Insertion
With a micro-lancette or micro-hook, carefully incise the endosteum to approximately 0.8 mm.

Avoid suctioning in the open region of the cochlea.

Immediately start the electrode insertion through the drop of corticosteroid and hyaluronic acid.

General insertion direction is from superior-posterior to anterior-inferior with the knob indicating the direction of the apical electrodes facing towards the modiolus.

#### FLEX24 Electrode Array
- **Active Stimulation Range:** 20.9 mm
- **Dimensions:** Ø 0.8 mm, 0.5 x 0.3 mm
- **FLEX-Tip**

Insert the FLEX24 electrode so that it covers less than 1.5 turns of the cochlea (22-24mm, determined by pre-operative CT scan).

#### FLEX20 Electrode Array
- **Active Stimulation Range:** 15.4 mm
- **Dimensions:** Ø 0.8 mm, 0.5 x 0.3 mm
- **FLEX-Tip**

To seal the cochlea, use a small fascial graft. To prevent contamination of the electrode and to increase flexibility, rinse the fascial graft with saline solution.

A course of steroids and antibiotics should be given postoperatively.

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**Figure 71 Hearing Preservation Surgical Technique (Part 2)**
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The following is a list of references on general CI surgery:

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Rajan GP; Kontorinis G; Kuthubutheen J; Audiol Neurootol, 18(1), 2012 Sep 22, p. 17–22.

Depth of Electrode Insertion and Postoperative Performance in Humans with Cochlear Implants: A Histopathologic Study.

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Hardy M; American Journal of Anatomy, 62(2), 1938, 179-311.

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Bilateral cochlear implantation in a patient with bilateral temporal bone fractures.

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Chadha NK; James AL; Gordon KA; Blaser S; Papsin BC.; Arch Otolaryngol Head Neck Surg, 135(9), 2009 Sep.


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Hearing preservation after cochlear reimplantation
Helbig S; Rajan GP; Stover T; Lockley M; Kuthubutheen J; Green KM; Otol Neurotol, 34(1), 2013 Jan, p. 61–65.

Gudis DA, Montes M, Bigelow DC, Ruckenstein MJ.; Otol Neurotol. 2012 Sep 11.

Evaluation of round window accessibility to cochlear implant insertion.

Literature
Hearing preservation after cochlear implantation using deeply inserted flex atraumatic electrode arrays.

Hearing preservation and hearing improvement after reimplantation of pediatric and adult patients with partial deafness: a retrospective case series review.

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A case series of paediatric hearing preservation cochlear implantation: a new treatment modality for children with drug-induced or congenital partial deafness.

Cochlear implantation and hearing preservation: Results in 21 consecutively operated patients using the round window approach.

Achievement of hearing preservation in the presence of an electrode covering the residual hearing region.
Usami S, Moteki H; Suzuki N; Fukunaka H; Miyagawa M; Nishio SY; Takumi Y; Iwasaki S; Jolly C; Acta Otolaryngol, 2011.

Combined electric acoustic stimulation with the PULSARC(100) implant system using the FLEX(EAS) electrode array.
Helbig S; Van de Heyning P; Kiefer J; Baumann U; Kleine-Punte A; Brockmeier H; Anderson I; Gstoettner W; Acta Otolaryngol, 2011.

Atraumatic round window deep insertion of cochlear electrodes.
Skarzynski H; Lorens A; Piotrowska A; Podskarbi-Fayette R; Audiol Neurootol, 14 Suppl 1, 2009.

Preservation of low frequency hearing in partial deafness cochlear implantation (PDCI) using the round window surgical approach.
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The following is a list of references on young children:

Functional outcome of sequential bilateral cochlear implantation in young children: 36 months postoperative results
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Surgical Factors in Pediatric Cochlear Implantation and Their Early Effects on Electrode Activation and Functional Outcomes
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VERIA TECHNIQUE


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How do we it? The suprameatal approach – An alternative surgical technique for cochlear implantation.
Kronenberg J; Migirov L; Cochlear Implants International 7:142-147, 2006.

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Cochlear implantation without mastoidectomy: The pericanal electrode insertion technique.

ATTICOTOMY APPROACH
Transeptympanic Approach in Cochlear Implantation.
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Kombinierter Epitympanaler – Transmeataler Zugang bei Cochlearimplantation.
Nahler A; Böheim K; 47. Österreichischer HNO-Kongreß 2003. (in German)

Transatical Approach Modifications.
Cozar; Fragola; Calderon; Revilla; Gonzalez de Ubieta; Poster presentation Las Palmas 2002. (Poster).
Appendix

MED-EL Surgical Videos

Please contact your local MED-EL office or distributor for the latest MED-EL Surgical Videos or visit the MED-EL Professional Webpage (www.medel.com/professionals).

MED-EL Contacts

For MED-EL Contacts please visit the MED-EL Webpage (www.medel.com/contact-offices).
Introduction

The MED-EL Cochlear Implant System serves to restore hearing sensations through electrical stimulation of the auditory nerve. It is the result of many years of research at leading technical institutions throughout the world.

MED-EL cochlear implants are manufactured to the highest quality standards in order to ensure long term reliability. All materials used in the implant have been rigorously tested for biocompatibility, durability and reliability. MED-EL applies a quality management system that meets all EN ISO /one.lf/three.lf/four.lf/eight.lf/five.lf:/two.lf/zero.lf/one.lf/six.lf requirements and complies with US Quality System Regulations and Canadian Medical Device regulations (CAN/CSA ISO /one.lf/three.lf/four.lf/eight.lf/five.lf-/two.lf/zero.lf/one.lf/six.lf). Components of the MED-EL Cochlear Implant System meet the requirements for AIMD /nine.lf/zero.lf//three.lf/eight.lf/five.lf/EEC and MDD /nine.lf/three.lf//four.lf/two.lf/EEC.

This Surgical Guide describes proper techniques for implanting the Mi/one.lf/two.lf/one.lf/zero.lf SYNCHRONY ST Cochlear Implant (hereafter referred to as the SYNCHRONY ST). It serves as additional information for professionals and should not be used as an instructions for use.

The information in this brochure is believed to be true and correct. However, specifications are subject to change without notice.

Not all products represented on these materials are currently approved or available in all markets. For country specific information please see the applicable instructions for use delivered with the implant system.
Surgical Guide
Mi/one.lf/two.lf/one.lf/zero.lf SYNCHRONY ST
Cochlear Implants
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